



EVERGREEN

council on problem gambling

1821 Fourth Avenue East | Olympia, WA 98506

WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...

HELP STARTS HERE

800.547.6133

www.evergreencpg.org

CEUs Available!



EVERGREEN

council on problem gambling

Treatment. Training. Awareness.

MARK YOUR CALENDARS!

February 11-14, 2019

Heathman Lodge

7801 NE Greenwood Drive

Vancouver, WA 98662

For more information, contact:

www.evergreencpg.org or 360.352.6133

PROBLEM GAMBLING TRAINING WORKSHOPS

Basic and Advanced Levels

Presenters:

Jessica Cronce, PhD

Maureen Greeley, BS

Kathryn Korslund, PhD, ABPP

Jim Leingang, BA, CDP, WSCGC-II

Ty Lostutter, PhD

Loreen Rugle, PhD, ICGC-II, BACC



There's hope after the storm.

If you, or a loved one,
struggle with a gambling problem,
there's HOPE.

Help starts TODAY, by
calling 1.800.547.6133.



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www.evergreencpg.org

PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at www.evergreencpg.org
DEADLINE IS FRIDAY, FEBRUARY 1, 2019

REGISTRANT INFORMATION

Name: _____ Credentials: _____
 Position/Title: _____ Agency/Organization: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Day phone: _____ Cell/Alternate phone: _____
 E-mail address: _____

TRAINING OPTIONS

- Feb 11-14 (4-Day Introductory Training): \$200 (ECPG Member: \$180)
- Feb 13-14 (2-Day Advanced Training): \$99 (ECPG Member: \$89)
- Feb 11-13 (3-Day Recovery Coach Training): \$150 (ECPG Member: \$135)
- Recovery Coach Manual & Online Fee \$100**
 (required for Recovery Coach Training, nonrefundable)
- Feb 13 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
- Feb 14 (1-Day Advanced Training): \$60 (ECPG Member: \$54)

Total Amount Enclosed: \$ _____

*Cancellation Policy: Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after February 1.

** ECPG members will receive a \$20 refund upon proof of course completion.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling
 1821 4th Avenue East | Olympia, WA 98506
 P: 360.352.6133 | F: 360.352.4133
kbishop@evergreencpg.org



METHOD OF PAYMENT

Visa® MasterCard® Money Order
 Check #: _____
Checks payable to Evergreen Council on Problem Gambling
 Name on check: _____
(if different from registrant)
 Credit Card #: _____
 Expiration Date: _____ CSC #: _____
(3 digits on back of credit card)
 Signature: _____

How did you hear about this training?

- Brochure mailing Referral
- ECPG Website Email
- Search Engine Other _____

ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG **AND** ECPG and save up to \$50! That's like getting your ECPG membership for **FREE!**



Name: _____ Company: _____
 Address: _____ Apt./Suite: _____
 City: _____ State/Province: _____ Zip/Postal: _____
 Phone: _____ Fax: _____
 E-mail address: _____
All fields are required

MEMBERSHIP OPTIONS

- ___ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ___ **\$79** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bi-monthly subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$119 value! The cost of NCPG individual Membership alone is \$80 when purchased directly. Save \$40 through ECPG!
- ___ **\$114** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$164 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$50 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
 Method of Payment: Visa® MasterCard® Expiration Date: _____ CSC #: _____
 Check #: _____ Money Order *(3 digits on back of credit card)*
Checks payable to Evergreen Council on Problem Gambling Signature: _____

Scholarships are available!



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TRAINING WORKSHOP SCHEDULE

MONDAY, FEBRUARY 11 - THURSDAY, FEBRUARY 14, 2019 - INTRODUCTORY TRAINING

8 am - 5 pm **INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING (30 CE HOURS)**

Presented by: **Loreen Rugle, PhD, ICGC-II, BACC, Maureen Greeley, BS, and Jim Leingang, BA, CDP, WSCGC-II**

This 30-hour workshop serves as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers, and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones. Introductory Training includes specifics of Gambling Disorder programs in Washington, counselor certification procedures, and an overview of topic areas covered on the National Counselor Certification Exam. **Introductory Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.** (Ends at 3 pm on Thursday.)

WEDNESDAY, FEBRUARY 13, 2019 - ADVANCED WORKSHOPS

8 am - Noon **BUILDING SKILLS IN MOTIVATIONAL INTERVIEWING (4 CE HOURS)**

Presented by: **Jessica Cronce, PhD**

Motivational Interviewing (MI) assumes that ambivalence, or feeling two ways about something, is a common human experience, especially in relation to addictive behaviors. For those individuals who continue engaging in addictive behaviors, MI can be used to raise awareness of problematic behavior and highlight disparities between individual behavior and personal values/goals. Although MI utilizes specific therapeutic strategies/tools, it is fundamentally a style of interpersonal interaction rather than a scripted protocol. As such, use of a MI-style can be used in any encounter, by therapists and non-therapists alike, to facilitate service engagement and behavior change. This training will provide an introduction to, and practice of, MI principles and skills.

1 pm - 5 pm **EFFECTIVE TREATMENT PLANNING: FROM ASSESSMENT TO TERMINATION (4 CE HOURS)**

Presented by: **Jessica Cronce, PhD**

Although reducing or eliminating gambling behavior may be the overarching focus of treatment, effective treatment planning requires comprehensive assessment of individual and contextual factors that may influence gambling, other co-occurring addictive behaviors, and comorbid mental health concerns. Effective treatment planning also requires working knowledge of dominant theories of therapeutic change and an understanding of the mechanisms of change proposed to reach a cohesive case conceptualization. Treatment planning is an ongoing process that continues over the life of a therapeutic relationship, and ineffective treatment planning, especially early in the therapeutic relationship, can lead to roadblocks in the therapy or premature termination. This training will provide an overview of case conceptualization and treatment planning for gambling disorder from intake to termination with attention to avoiding therapeutic ruptures and client dropout.

THURSDAY, FEBRUARY 14, 2019 - ADVANCED WORKSHOPS

8 am - Noon **INTRODUCTION TO MINDFULNESS-BASED RELAPSE PREVENTION FOR TREATING DISORDERED GAMBLING (4 CE HOURS)**

Presented by: **Jessica Cronce, PhD and Ty Lostutter, PhD**

Mindfulness is a psychological process of paying attention, on purpose, to one's present experiences in a non-judgmental way. Relapse prevention is an evidence-based, cognitive behavioral therapy with the goal of identifying and preventing high-risk situations leading to relapse of addictive behaviors. Mindfulness-Based Relapse Prevention (MBRP) integrates mindfulness meditation practices with relapse prevention strategies to support clients' recovery. Drs. Lostutter and Cronce will provide a theoretical model for MBRP for the treatment of disordered gambling. The workshop will include experiential mindfulness exercises and discuss ways to include MBRP into treatment of disordered gambling.

1 pm - 5 pm **THE ART AND SCIENCE OF DIALECTICAL BEHAVIOR THERAPY (4 CE HOURS)**

Presented by: **Kathryn Korslund, PhD, ABPP**

Is psychotherapy an art or a science? Learn to balance the two by leveraging evidence-based treatment strategies from Dialectical Behavior Therapy, an established evidence-based treatment designed for individuals who present with severe and complex mental health problems. This four-hour program will introduce therapists to the philosophy and structure of DBT with emphasis on the principles and core strategies used in treatment. Attendees will learn elements of DBT that are compatible with delivery of other forms of cognitive behavioral therapy.

MONDAY, FEBRUARY 11 - WEDNESDAY, FEBRUARY 13, 2019 - RECOVERY COACH ACADEMY©

8 am - 5 pm **RECOVERY COACH ACADEMY© FOR YOUNG ADULTS**

Presented by: **Jim Leingang, BA, CDP, WSCGC-II**

More and more, the population of persons seeking recovery from an addiction is getting younger and younger. Coaches who can speak the language of a younger generation can greatly impact their access to sustained long-term recovery. The Recovery Coach Academy© for Young Adults training was developed to enhance the skills of those individuals who will be supporting young adults on their recovery journey. This course will provide one with the knowledge and skills necessary to guide and mentor others through their own recovery process. Much like the journey of recovery, this training offers a transformational experience. This training includes three days live and two days online; additional fees for training manual and online portion of the training are required.

CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Mental Health Addictions Certification Board of Oregon (MHACBO), the American Academy of Healthcare Providers in the Addictive Disorders (AAHCPAD), and the Washington Mental Health Counselors Association (WMHCA).

PRESENTER BIOS

JESSICA CRONCE, PhD is an Associate Professor in the Department of Counseling Psychology and Human Services at the University of Oregon, and Director of the Family and Human Services Program. Dr. Cronce has over a decade of experience conducting research on the etiology, maintenance, prevention, and treatment of addictive behaviors, in particular, problematic alcohol use and gambling among college students and other young adults. Dr. Cronce has applied her training in Cognitive-Behavioral Therapy, Motivational Interviewing, and Dialectical Behavior Therapy to the treatment of substance use disorders, gambling disorder, and other disorders marked by emotion dysregulation. Dr. Cronce is licensed as a psychologist in Oregon.

MAUREEN GREELEY, BS is the Executive Director of the Evergreen Council on Problem Gambling (ECPG), has worked with and for ECPG since 1998, and became Executive Director in November 2006. In 2018, she received the National Council on Problem Gambling's Lifetime Achievement Award for Advocacy. She has presented on Problem Gambling, Process Addictions, Responsible Gaming, Gambling Counselor Certification, Social and Internet Gaming Standards, and more across the United States. In Washington State, she serves on the Problem Gambling Advisory Council for the Washington State Healthcare Authority.

KATHRYN KORSLUND, PhD, ABPP received her PhD from the Medical College of Pennsylvania at Hahnemann University, completed her predoctoral internship at the University of Washington Medical Center, and her postdoctoral fellowship at the University of Washington. She worked as a co-investigator with Dr. Marsha Linehan on research studies further developing and evaluating DBT. Dr. Korslund is now the Clinical Director of THIRA Health, a DBT-based partial-hospital and intensive outpatient program for adolescent girls and women in Bellevue, WA. She is a world-recognized expert in DBT, having provided extensive training and consultation throughout the United States and around the world.

JIM LEINGANG, BA, CDP, WSCGC-II received a BA in Human Services from Evergreen State College, and is a graduate of the Addiction Certification program at Pierce College. He served the community as a Chemical Dependency Professional and Certified Problem Gambling Counselor with Providence St. Peter Hospital before joining the ECPG staff in 2016. Jim has a passion for increasing access to treatment services, as well as developing evidence-based programs to treat individuals and their families.

Ty Lostutter, PhD is an Assistant Professor and serves as the Training Director of the Psychology Internship Program for the University of Washington's School of Medicine. He received his doctorate in Clinical Psychology at University of Washington and has been a member of the faculty in the Department of Psychiatry and Behavioral Sciences since 2009. Dr. Lostutter has broad research and clinical interests focusing on etiology, prevention, and treatment of addictive behaviors and mental health. He has conducted research in the areas of college student drinking and gambling prevention; alcohol and HIV prevention among youth in Vietnam; and alcohol use, academic performance, and mental health among college student veterans who served in Afghanistan and Iraq. He is involved with several projects aimed at preventing, treating, and providing evidence-based services for problem gamblers and their loved ones.

LOREEN RUGLE, PhD, ICGC-II, BACC is Assistant Professor in the Department of Psychiatry, University of Maryland and Special Projects Consultant with the Maryland Center of Excellence in Problem Gambling. She is also a Responsible Gambling Specialist with the North American Association of State and Provincial Lotteries. She brings more than 30 years of experience in the treatment, prevention, and research of problem and responsible gambling to her current positions. Additionally, Dr. Rugle has provided consultation and training on gambling disorder throughout the United States, for the military, and internationally.



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HAVE QUESTIONS? CONTACT US!

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info@evergreencpg.org | www.evergreencpg.org

SCHOLARSHIPS

Full scholarship opportunities available for Washington State treatment providers!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees.

Visit www.evergreencpg.org for more details.

HOTEL ACCOMMODATIONS

Heathman Lodge

7801 NE Greenwood Drive | Vancouver, Washington

888.475.3100

<http://www.heathmanlodge.com>

Request the **EVERGREEN COUNCIL ON PROBLEM GAMBLING** room rate at \$139 per night.

MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



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Problem Gambling



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