

**REGISTER NOW!**

For more information, visit [www.evergreencpg.org](http://www.evergreencpg.org)

**Early-bird Discount ends**

**August 23!**

Evergreen Council on Problem Gambling



**2012**

Tribal Problem Gambling Awareness Conference

## FOUR DIRECTIONS

September 12-15, 2012

Swinomish Lodge  
Anacortes, Washington

Presented by



Conference Partner



For more information:  
360.352.6133

[www.evergreencpg.org](http://www.evergreencpg.org)



2012

TRIBAL PROBLEM GAMBLING AWARENESS CONFERENCE

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# FOUR DIRECTIONS

HONORING OUR PAST  PROTECTING OUR FUTURE



Presented by



Conference Partner



**September 12-15, 2012**

**Swinomish Lodge**  
Anacortes, Washington

**Honorary Chair:**

The Honorable Brian Cladoosby,  
Chair of the Swinomish Indian Tribal Community

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# FOUR DIRECTIONS

HONORING OUR PAST  PROTECTING OUR FUTURE

September 12-15, 2012

ABOUT THE CONFERENCE

Many representatives of Tribal Nations in the Pacific Northwest have come together to plan this important conference **Honoring Our Past and Protecting Our Future**. Indian gaming has brought great growth and opportunities to build economic security and rebuild our communities. Just as we come together during the year with gaming industry leaders and experts to share knowledge and perspectives on current issues affecting Indian gaming, we hope to bring together our Tribal Council leaders, behavioral health directors and counselors, education experts, and families to support each other with knowledge on health issues, addictions, and financial and safety concerns that affect our communities.

The first **Four Directions** conference in 2009 was a great success – so much so that interest grew rapidly in offering an expanded conference program in 2010 and 2011. The Swinomish Indian Tribal Community is pleased to host this important event, and we are proud to welcome everyone to the beautiful new Swinomish Lodge on the shores of Padilla Bay for the 2012 conference. This year's conference will highlight issues that reflect the theme of **Honoring Our Past and Protecting our Future** with featured presenters and leaders such as Lael Echo-Hawk, Gayl Edmunds, Roger Fernandes, Wiley Harwell, Dean Hestermann, Mark Homan, Gordon and Pam James, Lewis Mehl-Madrona, and so many others who will share their wisdom. Look over the full conference schedule and you're sure to find something that will expand your knowledge and skills around Clinical and Behavioral Health, Family Support, Prevention and Outreach issues, and Responsible Gaming programs and policies.

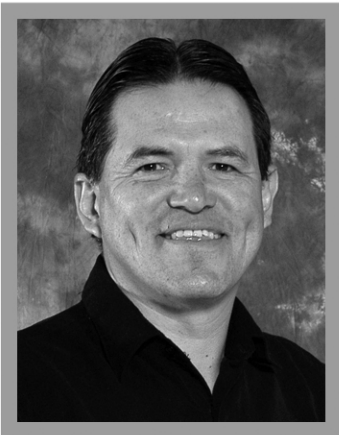
We hope you will join us for this important event!

CONFERENCE COORDINATOR



The Evergreen Council on Problem Gambling is dedicated to increasing public awareness of problem gambling, expanding the availability of services for those affected by problem gambling, and encouraging research and programs for education, prevention, treatment, and responsible gambling.

Problem, or compulsive, gambling is a real disorder—similar to alcohol, drug, or sexual addictions. Fortunately, most people can enjoy recreational gambling responsibly. For some, that becomes impossible. While it may be a small percentage of our population, when you or someone you love has a gambling addiction, it is not a small problem. Broken marriages, bankruptcy, depression, and even suicide can result.



The Honorable Brian Cladoosby  
Chair, Swinomish Indian Tribal Community

REGISTRATION – 2012 Tribal Problem Gambling Awareness Conference

- ☐ I would like to register for the full 2-day conference (September 13-14)  
\$135 (early-bird), \$180 (after 8/23)

If registering for One Day only, please check which day you plan to attend:  
☐ Thursday, September 13                      ☐ Friday, September 14  
\$75 per day (early-bird), \$100 per day (after 8/23)

Pre- and Post-Conference Workshops (\$50 per day):  
☐ Wednesday, September 12                      ☐ Saturday, September 15

- ☐ **Free Washington Problem Gambling Treatment Provider Forum (September 15)**  
(For Washington Treatment Providers currently pursuing Problem Gambling Certification or are Washington State or Nationally Certified. See certification information on page 7.)

Total Amount Enclosed    \$ \_\_\_\_\_

Each attendee must register individually, no corporate or group registration available.

Method of Payment (Please Print Clearly or Type)

Check # \_\_\_\_\_ Money Order # \_\_\_\_\_ Purchase Order # \_\_\_\_\_

Name on Check/Order if different from Registrant \_\_\_\_\_

Make all checks payable to **Evergreen Council on Problem Gambling**

VISA/MasterCard # \_\_\_\_\_ Exp Date \_\_\_\_\_

Full Name As It Appears on Card \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

Name for Badge \_\_\_\_\_ Organization Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ FAX \_\_\_\_\_ E-mail \_\_\_\_\_

**Confirmation will be sent via e-mail unless otherwise noted.**                      ☐ Please mail my confirmation

If applicable, please respond to the following:

I require the following accommodations under the Americans with Disabilities Act: \_\_\_\_\_

I have the following dietary restrictions: \_\_\_\_\_

Mail or FAX this form to: **Evergreen Council on Problem Gambling**, 1929 Fourth Avenue East, Olympia, WA 98506-4631

**FAX:** 360.352.4133    **Phone:** 360.352.6133

Cancellation Policy: All cancellations must be in writing. Cancellations postmarked prior to September 5, 2012, will be refunded less a \$35 processing fee. No refunds will be issued if postmarked after September 5, 2012. No exceptions. If the conference is cancelled, ECPG's liability is limited to the return of registration fees.

**EARLY-BIRD DEADLINE: August 23, 2012**

On-site Only Registration available after September 5. **Do Not Mail or FAX** registration after that date. Only cash, check, or credit card will be accepted for on-site payment.

Registration Fees	Full Conference (Sept. 13-14)	One Day
Early-Bird & Student Rate	\$135*	\$75
After August 23	\$180*	\$100
On-site Only After September 5	\$225*	\$125

**Special Post-Conference Workshops**

Special Pre- and Post-Conference Workshops--\$50 per day

\*ECPG Members receive a 10% discount on Full Conference Rates (Pre-conference and Post-conference workshops not discounted. See membership information, page 7.)

**Continuing Education Hours**

Conference sessions offer hour-for-hour credit and qualify toward the 30 hours of gambling-specific education required by the Washington State Problem Gambling Certification Board, and for the National Council on Problem Gambling Certification.

Continuing Education Units (CEUs) will be offered from many association and certification boards, including the following (if your accrediting association is not listed, please notify us):

- American Academy of Healthcare Providers in the Addictive Disorders (AAHCPAD)
- National Association of Alcohol and Drug Abuse Counselors (NAADAC)
- Addiction Counselor Certification Board of Oregon (ACCBO)
- National Association of Social Workers (NASW)
- National Board for Certified Counselors (NBCC)
- National Council on Problem Gambling (NCPG)

**REGISTER NOW –**  
Early-bird Discount ends August 23!

September 12-15  
Swinomish Lodge  
Anacortes, WA

For more information, visit [www.evergreencpg.org](http://www.evergreencpg.org)  
360.352.6133

**CONFERENCE COORDINATOR (continued)**

That is why the Evergreen Council on Problem Gambling strives to provide support and services, such as the statewide Helpline (800.547.6133). The toll-free, confidential Problem Gambling Helpline provides information about problem gambling and referrals to professional treatment and support programs.

The Council offers support for residential treatment for problem gamblers and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations, workshops, and conferences. The Council offers training and certification programs for treatment professionals, including qualified training for certification and continuing education hours. The Council works with the Gaming Industry to provide employee training and responsible gaming policy and program development and offers a Tribal Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call 360.352.6133.

**CONFERENCE PARTNER**



The Swinomish Indian Tribal Community is not a big tribe, nor is our community a large community, but our people have the same needs, hopes, and dreams as all communities throughout the world. We want our families and our homes to be healthy. We want high-quality education for our children and loving care for our elders. We want safe neighborhoods and a clean environment. We want to preserve our traditions, culture, foods, dances, crafts; in essence, our way of life. As a community, we work together to sustain these values and further our hopes and dreams for generations to come.

The Reservation is home to a community of Coast Salish peoples that descended from tribes and bands that originally lived in the Skagit and Samish River Valleys, the coastal areas surrounding Skagit, Padilla, and Fidalgo Bays and Saratoga Passage, and numerous islands, including Fidalgo, Camano, Whidbey, and the San Juan Islands.

For thousands of years, these Coast Salish tribes maintained a culture centered around abundant salt water resources that included salmon, shellfish, and marine mammals, as well as upland resources such as cedar, camas, berries, and wild game. They lived in large villages during winter and in summer encampments that followed the seasonal cycle of resource gathering from the mouths of rivers and streams, to coastal shorelines, to marine waters, and to inland forests.

Four major groups and their allied bands—the Aboriginal Swinomish, Lower Skagit, Kikiallus, and Aboriginal Samish Tribes—signed the Treaty of Point Elliott with the United States in 1855 and reserved the southeast peninsula of Fidalgo Island for their Reservation and future use.



# FOUR DIRECTIONS

HONORING OUR PAST  PROTECTING OUR FUTURE

## Conference Presentations and Events

### September 12 (Wednesday)\*:

Pre-conference Workshops

Using Your Brain: Tools and Foundations for Clear, Respectful Communication with Clients, Co-workers, and Family; in the Workplace, in the Home, and in the World (8 CEU)

The brain is a complex, sophisticated, and reflexive organ with myriad functions, including acting as our body's central communication system. This session will feature "Brain Training" techniques that are useful for conflict resolutions, communications skills, and types of healthy communication in all types of relationships. A powerful session for anyone seeking a better understanding of communication skills with clients, co-workers, family members—in any relationship.

Presenter: Cynthia Moreno Tuohy, BA, NCAC II, CCDC III, SAP, Executive Director of NAADAC, the Association for Addiction Professionals

Gender Matters: Breaking Down Barriers for Treatment Across Lines of Gender and Sexuality (8 CEU)

Treatment and recovery programs that offer a range of services to respond to the needs of the individual consumers and to the specific populations served are often more successful than their traditional one-size-fits-all counterparts. Cultural sensitivity, as well as respectful awareness of specific needs of women and men, and of sexual orientation and gender identity, are just a few of the areas in which treatment providers and recovery communities need heightened awareness and understanding to provide appropriate services and break down barriers to treatment.

Presenter: Oblio Stroyman, M. Ed, LMFT, QMHP, CGAC II, NCGC II (note the correction to LMFT)

### Full Conference— September 13 and 14, 2012 (Thursday and Friday)\*:

Sharing Wisdom;  
Best Practices in Treatment & Behavioral Health  
Special Issues for Productive Partnerships Between Tribal Gaming and Behavioral Health  
Focus on Family & Community Health  
Cultural Competency

**\*For Full Conference Program Schedule and Presenters, see pages 5-6.**

### September 15, 2012 (Saturday)\* 9 am – 3 pm:

Post-Conference Workshop

From the Heart: A Native Cultural Approach to Life's Issues (6 CEU)

Native cultures are geared toward addressing life issues and problems, even addictions, first by finding understanding by the "heart" or "spirit" of the individual. One traditional native strategy was to use story to look at one's life issues. You might go sit with an elder of your people and share your problem. And whatever the problem, the elder would usually respond, "Let me tell you a story..." (continued next page)

## Special Membership Offer

Join the **National Council on Problem Gambling**  
& the **Evergreen Council on Problem Gambling**  
And **SAVE \$40!**



National Council  
on Problem Gambling



**EVERGREEN**  
Council on Problem Gambling



## That's like getting your ECPG membership FREE!

As an ECPG Member, you'll receive member discounted rates on all of our Quarterly Trainings, and on our Annual Conferences—all of which offer Continuing Education Units from many association and certification boards. ECPG Individual Member benefits also include discounts on Certification Training Workshops, a subscription to our Quarterly Newsletter (*Insights*), and a Member Certificate suitable for display.

**Join Now -- It's a Great Opportunity you don't want to miss! You can save 10% on your Four Directions Conference Registration if you are an ECPG Member!**

Go to [www.evergreencpg.org](http://www.evergreencpg.org) to apply online.



# FOUR DIRECTIONS

HONORING OUR PAST  PROTECTING OUR FUTURE

## Special FREE Forum and Networking Event!

Washington Problem Gambling Treatment Provider Forum

- First Semiannual Free Forum Features:
- Washington Problem Gambling Program Updates
  - Input Opportunities: Share Your Thoughts about Problem Gambling Programs and Services in Washington
    - What Works; What Can Be Improved?
  - Assessing Outcomes – How do We Measure Effectiveness?
  - Self-care for Treatment Providers
  - Ethics and Legal Issues
  - Key Issues in Services for Washington – Dialogue and Review:
    - o Financial Literacy
    - o Recovery Oriented Systems of Care
  - Moving Forward: What’s Next?

- Take the first steps toward  
Gambling Counselor Certification
- 30 hours of gambling-specific training
  - 100 hours of Direct Client services with 5 hours of Supervision
    - National Exam

Problem Gambling Counselor certification is required to  
refer Problem Gamblers in crisis to ECPG-supported residential care

Call today for information  
& application packet: 360.352.6133  
Or download at [www.evergreencpg.org](http://www.evergreencpg.org)



## Conference Presentations and Events (continued)

They might share a story that seemed to have nothing to do with your problem, but the elder knew you held the answers for your own problems within you, and they shared the story to help you find your answer. The story is not the answer; it is the way to help you find your answer.

Presenter: Roger Fernandes

## Special FREE Forum and Networking Event!

Washington Problem Gambling Treatment Provider Forum (see information on page 7)

## CONFERENCE REGISTRATION DEADLINES

Early-bird registration deadline is August 23, 2012. The registration form and hotel information are available at [www.evergreencpg.org](http://www.evergreencpg.org), or by calling 360.352.6133. Only on-site registration will be available after September 5, 2012. Do not mail or fax registration forms after that date.

## HOTEL AND TRAVEL INFORMATION

Thanks to the generosity of our Conference Partner and Host, the Swinomish Indian Tribal Community – the Swinomish Lodge has reserved blocks of rooms for conference attendees at very special rates. Conference rates are offered to attendees based on availability, up to two days before and two days after the conference dates for those wishing to extend their stay. Room quantities are limited, so reserve your room early. You must identify yourself as attending the **Four Directions Conference**.

Explore the unprecedented 98-room luxury Lodge on the shores of the beautiful Padilla Bay in Anacortes, Washington.

The spectacularly appointed guest rooms all capture breathtaking views of the Padilla Bay, Swinomish Channel, San Juan Islands, and Mount Baker. Rooms are furnished to capture the essence of Swinomish culture and the natural beauty of this region. Local Swinomish artwork, luxury bedding, 40” HD flat screen televisions, complimentary Wi-Fi access, stylish furnishings and glass-enclosed showers will ensure your comfort and a pleasurable stay.

## Guest room rates:

Room Type	Rates
Single, king bed	\$99 plus tax
Double, two queen beds	\$119 plus tax
When making reservations, use Group Code ECPG9	

**Address:**  
12885 Casino Drive, Anacortes, WA 98221

**Toll Free Number:**  
888.288.8883

**Local Number:**  
360.588.3800

2012 Four Directions Conference -- Schedule At A Glance					8 CEUs
Wednesday, September 12					
8 am - 5 pm	Pre-conference Skills Workshop	Using Your Brain: Tools and Foundations for Clear, Respectful Communication with Clients, Co-workers, and Family; in the Workplace, in the Home, and in the World			Cynthia Moreno Tuohy, BA, NCAC II, CCDC III, SAP, Executive Director, NAADAC
	Pre-conference Clinical Workshop	Gender Matters: Breaking Down Barriers for Treatment Across Lines of Gender and Sexuality			Oblio Stroyman, M.ED, LMFT, QMHP, CGAC-II, NCGC-II
Thursday, September 13					6 CEUs
7:30 - 8:30 am	Registration and Continental Breakfast				
8:30 - 8:45 am	Honor Guard				
8:45 - 9 am	Prayer and Welcome				
9 - 10 am	Keynote	Lessons on Being a Healer: Responsibility and Leadership			Wiley Harwell, D.Min, LPC, CEAP, Oklahoma Association on Problem & Compulsive Gambling
10 -10:15 am	Break/Exhibits				
10:15 - 11:45 am	Clinical/Behavioral Health	ACT: Acceptance and Commitment Therapy for Problem Gamblers--Part One			Nita Kordonowy, MA, LADC, NCGC-II
	Community Health	Coyote Healing and Wisdom Meets Mainstream Medicine			Lewis Mehl-Madrona, MD, PhD
	Responsible Gaming	Self Exclusion: Developing and Implementing Policies That Serve Guests, Casinos, and Communities			PANEL: Facilitator: Brandi Manning, PTGRO; Jose Maciel, Swinomish Casino; Lael Echo-Hawk, Crowell Law Office
11:45 - 12 noon	Break/Exhibits				
12 noon - 1:15 pm	Lunch/Plenary	Promoting Community Change--Making It Happen in the Real World			Mark Homan, MSW
1:15 - 1:30 pm	Break/Exhibits				
1:30 - 3:15 pm	Clinical/Behavioral Health	ACT: Acceptance and Commitment Therapy for Problem Gamblers--Part Two			Nita Kordonowy, MA, LADC, NCGC-II
	Community Health	The Family is Our Focus			Wiley Harwell, D.Min, LPC, CEAP, Oklahoma Association on Problem & Compulsive Gambling
	Responsible Gaming	Responsible Marketing: Integrating a Responsible Gaming Message into the Overall Marketing Plan			PANEL: Facilitator: Justin Shank, Swinomish Casino; Juan Echevarria, Marketing Director, Tulalip Resort Casino; Dean Hestermann, Corporate Director of Public Affairs, Harrah's Entertainment
3:15 - 3:30 pm	Break/Exhibits				
3:30-5 pm	Talking Circle	The Healing Tradition of the Talking Circle: A Powerful Tool for Respectful Listening and Reflection			Facilitated by Gayl Edmunds, CADC-II, Indian Alcoholism Treatment Center
Friday, September 14					5.75 CEUs
7 am	Fun Run	Follow the Fun...and the Sun, for a Morning Walk or Run by Beautiful Padilla Bay			
7:30 - 8:30 am	Registration and Continental Breakfast				
8:30 - 9 am	Prayer and Welcome				
9 - 10 am	Keynote	Let Me Tell You A Story: Using Traditional Native Stories to Address Addiction Behaviors			Roger Fernandes
10 - 10:15 am	Break/Exhibits				
10:15 - 11:45 am	Clinical/Behavioral Health	The Dynamics of Codependence and Emotional Manipulation: Understanding the Dance between Problem Gamblers and Their Families and Developing Treatment Approaches			Colin Hodgen, MA, LADC, CPGC, NCGC-II
	Community Health	Healing the Family: A Look at Addictions and Family Dynamics			Gordon and Pam James, Culture 2 Culture
	Responsible Gaming	What Can Human Resources and EAP Departments Do to Protect and Help Employees?			PANEL: Heather Steffensen, Tulalip Resort Casino; Wiley Harwell, Executive Director, Oklahoma Association for Problem & Compulsive Gambling; David Mitchell, MA, LMHC, CEAP, Director, and Emy Hollander, Account Executive, First Choice Health Assistance Services, and Nancy Maki, Wellspring
11:45 - 12 noon	Break/Exhibits				
12 noon - 1:15 pm	Lunch Plenary	Building Bridges to Address Violence Against American Indian and Alaska Native Women			Tina Olson, Mending the Sacred Hoop
1:15 - 1:30 pm	Break/Exhibits				
1:30 - 3:30 pm	Clinical/Behavioral Health	Providing Culturally Competent Treatment to Native Populations			Gayl Edmunds,CADC-II, Indian Alcoholism Treatment Center
	Community Health	Financial Literacy: Valuing and Managing Money			Sunny Guillory and others from Northwest Indian College
	Responsible Gaming	Responsible Gaming Around the World			Facilitated by Ricki Peone, MSW, NCGC-II, BACC
3:30 - 4 pm	Drummers, Dancers and Honor Guard				
Saturday, September 15					5 CEUs
9 am - 3 pm	Post-conference Workshop	From the Heart: A Native Cultural Approach to Life's Issues			Facilitated by Roger Fernandes
9 am - 3 pm	Special FREE Forum and Networking Event				Washington Treatment Providers